



2026 NATIONAL INTEGRATED SPECIAL REPORT –
DIGITAL AND NEWSPAPER

Women’s Health in Focus

INTEGRATED CONTENT FEATURES: Turnkey solutions in which participating advertisers can be mentioned or quoted in at least one story. The PDF overviews are intended to be a thematic starting point. Topics highlighted will be revisited and updated during the production stage to align with the current situation

Women’s health is gaining greater attention as employers, healthcare providers and policymakers recognize the need for more comprehensive support across every stage of life. Mental health, workplace well-being, caregiving pressures and menopause are increasingly shaping how women experience health both at work and at home. This special feature will examine the evolving understanding of women’s mental health and well-being, and the programs, research and workplace strategies improving support for women across Canada.

Proposed Topic Highlights

- **Women’s Mental Health Across Life Stages**
How mental health needs evolve from early career to midlife and beyond.
- **Menopause and Mental Well-Being**
Growing awareness of the emotional, cognitive and workplace impacts of menopause.
- **Supporting Women in the Workplace**
How employers are expanding mental health programs, benefits and workplace policies.
- **Caregiving, Stress and Burnout**
The mental health impact of balancing work, family and caregiving responsibilities.
- **Expanding Access to Mental Health Support**
New models of care, digital tools and workplace programs improving access to support.

GET INVOLVED TODAY. CONTACT:

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Source: Vividata SCC Fall 2025, National, A18+

Sponsor Content and Brand Ad Booking Deadline	Material Deadline	Publishing Date
May 11	June 19	June 29