

## 2026 NATIONAL INTEGRATED SPECIAL REPORT – DIGITAL AND NEWSPAPER

# Diabetes Awareness Month & World Diabetes Day 2026

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Nearly 1 in 10 Canadians lives with diagnosed diabetes, making it one of the country's fastest-growing chronic health challenges. November, recognized as Diabetes Awareness Month, and World Diabetes Day on November 14, offer a timely opportunity to highlight the importance of prevention, innovation, and support for millions of Canadians affected by this condition. This feature series will examine the human, economic, and health-system impacts of diabetes while showcasing organizations leading change in research, treatment, and patient support.

#### Proposed topic highlights:

#### Chronic Disease and the Canadian Health System

Examining how conditions like diabetes, heart disease, and obesity are reshaping demand for care and innovation.

#### The Technology of Wellness

How wearables, digital health platforms, and Al-driven monitoring are empowering individuals to manage their health proactively.

#### Food, Fitness, and Prevention

Exploring the growing emphasis on lifestyle medicine, nutrition science, and community programs that reduce chronic disease risk.

#### The Economics of Health

The financial impact of chronic disease on Canada's workforce, families, and public health spending.

#### **Global Perspectives**

Connecting Canadian efforts to global campaigns around prevention, awareness, and well-being, including World Diabetes Day.

#### **GET INVOLVED TODAY. CONTACT:**

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