

## 2025 NATIONAL INTEGRATED SPECIAL REPORT – DIGITAL AND NEWSPAPER

### **Smart Health and Home Solutions**

# INTEGRATED CONTENT FEATURES: Turnkey solutions in which participating advertisers can be mentioned or quoted in at least one story.

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National Seniors Day – celebrating older adults and their contributions to society

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In an age where technology seamlessly integrates into every aspect of our lives, the role of connected technologies in Canadian homes, especially those focused on health and wellness, is becoming increasingly vital. This special feature will explore how cutting-edge technologies enhance everyday living and healthcare outcomes, highlighting their potential to transform both individual lifestyles and broader healthcare practices.

#### Proposed topic highlights:

**Preventive Measures:** Leveraging technology for early detection and prevention of health issues.

**Chronic Management:** Tools that assist in the daily management of chronic conditions, ensuring consistent monitoring and intervention.

**Mental Wellness:** Innovations that support mental health, including stress reduction and improved sleep.

**Efficiency in Healthcare:** How technology reduces hospital visits and healthcare costs by enabling effective management at home.

**Future Innovations:** A look into the advancements on the horizon that could redefine home health care

#### **GET INVOLVED TODAY. CONTACT:**

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